



ABOUT SWOT

OUR MISSION

Enriching seniors' lives through advocacy, diverse programming, and wellness and nutrition opportunities.

SENIOR CENTER

Located in the Driggs City Center at 60 S. Main in Driggs, Idaho. Hours are 9 a.m. to 3 p.m. Monday through Friday.

LUNCH

Served at noon Mondays through Fridays.

HOW TO REACH US

- (208) 354-6973
- swot@tetonseniors.com
- P.O. Box 871, Driggs, ID 83422

ONLINE

- www.tetonseniors.org
- Facebook: Seniors West of the Tetons
- Instagram: [seniors_west_of_the_tetons](#)

Health Talk

Enhancing recovery through the swing bed program, 11 a.m. on June 25.
SEE PAGE 5

JUNE 2025

Valley Talk

WE'RE BURSTING WITH
**SUMMER
FUN**

**SWOT
SWIMS**

JOIN US AT
TETON VALLEY
RESORT.
DETAILS, PAGE 5

**TAI CHI
IN PARK**

WE'LL BE AT
DRIGGS CITY
PARK.
SCHEDULE, PAGE 5

**MARKET
BURRITOS**

FRIDAYS AT
THE FARMERS
MARKET.
SCHEDULE, PAGE 5

SUMMER IS HERE - AT LAST!
AND SWOT IS PLANNING ON IT.
WE HAVE TONS OF ACTIVITIES TO GET
YOU INTO THE SUNNY SEASON.

**FRIDAY
LUNCHES**

HAVE A BITE
AT THE
SENIOR CENTER.
DETAILS, PAGE 3

**AQUAFIT
CLASSES**

WATER AEROBICS
CLASSES AT
DRIGGS PARK.
SCHEDULE, PAGE 3

**NATURE
TALKS**

TOUR WITH
SWOT BUDDIES.
SCHEDULE, PAGE 5

JOIN US FOR SWOT'S ANNUAL PICNIC!
NOON | TUESDAY, JUNE 24 | DRIGGS CITY PLAZA





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MEALS DELIVERED

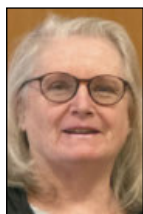
Home-delivered meals are
available by contacting:

Eastern Idaho
Community Action
Partnership,
(208) 522-5391

theSWOTteam

CHAIR CHAT

Enjoy all that summer has to offer



**LYNNE
BROWNING**
board chair

SUMMER IS ALMOST HERE, and June brings long, sunny days that invite us outside and into our beautiful Teton Valley community.

Let's start by celebrating a few highlights from May. Our birding trips were a great success – we visited the Camas National Wildlife Refuge and the Teton Raptor Center.

Now, let's turn our attention to one of our favorite summer traditions – the Teton Valley Farmers Market. Beginning on Friday, June 6, you'll find us there each week serving our famous SWOT burritos. They're still \$10 – no price increase. They're handmade with care and full of flavor, and every purchase helps support our programs.

New this year, we will be serving lunch on Fridays from noon to 1 p.m.

Beyond the market, June is packed with opportunities:

- Start your day with a sunrise walk or a gentle yoga class.

- Catch some live music at Music on Main or The Idaho Rovers on the Driggs Plaza.

- Celebrate Father's Day with a picnic or a relaxing day outdoors.

And don't forget to watch for the wildflowers – they're blooming beautifully in the high meadows.

Whether you're exploring the valley, visiting the market or enjoying time with neighbors and friends, June reminds us to slow down and savor the season. We're grateful to have you as part of the SWOT community. Thank you for your continued support – and we hope to see you at the market and at lunch!

YOU CAN HELP US MAKE A DIFFERENCE

IF YOU LOVE THE SERVICES that Seniors West of the Teton provides, consider making a donation or offering to volunteer. Give to us in the Tin Cup Challenge!



MAKE A DONATION

Online Go to www.tetonseniors.org/online-donation-portal

By mail Send us a check at P.O. Box 871, Driggs, ID 83422



DONATE MONTHLY

Become a Shining Star by signing up to give monthly at tetonseniors.org/shining-star. Monthly donations help us maintain a steady revenue stream.



BECOME A VOLUNTEER

Volunteers staff the front desk, assist in the kitchen, deliver meals and much more. Email programs@tetonseniors.com to learn more.

MORE DISCOUNTS OFFERED TO SENIORS IN THE VALLEY

Starting this month, MD Nursery is offering discounts of 20 percent on regular priced, in-stock retail items for seniors aged 60 and over on Tuesdays.



You must be 60 or older to qualify, and seniors must show their SWOT scan card to be eligible. Fresh floral and other non-retail services are excluded. The discount can't be combined with other offers.

MD joins another local retailer in offering senior discounts. Wydaho Roasters offers a 10 percent discount for to-go items and a 20 percent discount for in-store purchases on Tuesdays for those who present their SWOT scan card. Need a scan card? Get one at SWOT.

Swim to get fit with SWOT, TV Aquatics

Teton Valley Aquatics and SWOT are starting a special water aerobics course for seniors in July.

The AquaFit for Seniors 60-plus classes will be at 3:30 p.m. on Wednesdays on July 9, 16, 23, 30 and Aug. 6 and 13 at the pool in Driggs City Park. Stacey Nail, SWOT's operations director and Teton Valley Aquatics instructor, will lead the 50-minute classes, which are set to upbeat music.

Registration opens June 1. The cost is \$10 a class, plus a one-time registration fee of \$5. Sign up at tinyurl.com/swotaquafit.

Friday lunches continue in summer

Seniors West of the Tetons will be serving lunch on Fridays this summer in addition to selling breakfast burritos at the Teton Valley Farmers Market.

SWOT staff and volunteers are making it possible to offer both options, which ensures that adults age 60 and older receive proper nutrition and socialize during the summer.

Lunch will be available to seniors on Fridays at noon at the Community Center for a suggested donation of \$6.

Burritos will be sold for \$10 at the Farmers Market to raise funds for SWOT services, including the meal program.

VALLEY TALK 3




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PROGRAMS & activities

WE'VE GOT a lot going on at the Senior Center. Here is your guide to our programs.

FITNESS



Fit & Fall Proof

9 and 10 a.m. Mondays and Thursdays. Wear loose-fitting clothing and bring water with you. Free. Open to all.

This is an exercise program that focuses on improving strength, mobility and balance to reduce an older adult's risk of falling. Local volunteer leaders are trained to teach the class.

Drumming

10:15 a.m. Tuesdays and Fridays. Wear loose-fitting clothing; bring water. Free. Open to all.

Led by Lea Hardee and Cindie Brouwer this fun cardio routine set to music involves movement and beating an exercise ball with drumsticks. Also helps cognitive function through concentration and coordination.

Tai Chi

9 a.m. Wednesdays at the Senior Center. 9 a.m. Fridays in Driggs City Park, pending weather. Wear loose clothing; bring water. Suggested \$5 donation. Open to all.

This is a series of movements performed in a slow, focused manner with deep breathing. Beginners welcome. Individual instruction after class. Led by Dan Keslar.

Yoga for a Better Life

9 a.m. Tuesdays. Wear loose clothing; bring water. Yoga mats and gear are provided. Suggested \$5 donation. Open to all.

This Hatha-based yoga practice is designed to increase flexibility while building strength and using your breath efficiently. It's led by instructor Connie Tyler.

ENRICHMENT



Death Cafe

1:30 p.m. the second Thursday of the month, with some exceptions. Free. Open to all.

A gathering to eat, drink and discuss the often taboo subject: Death. It is not a support group, but a directed discussion with the objective to increase awareness and help people make the most of their lives.

Tech Time

At noon the second Tuesday of each month. Free. Open to all.

This program will help you with any technology questions. Phil Mollenkof and Andy Harlan, friends of SWOT, are proficient with various technologies. These guys will help you master technology; just bring your device in question and fire away.

HEALTH

Teton Valley Health talk

One Wednesday a month at 11 a.m. Check calendar on Page 5 for date. Free. Open to all.

Teton Valley Health provides a monthly update of news and information. Come hear about the health services in our community and ask questions to learn more about the care available.

Blood Pressure Check

The second Wednesday at 11:45 a.m. Free.

Teton County Fire and Rescue EMTs will check your blood pressure.

Aging well

Free. Open to all.

A quarterly panel discussion with guest professionals on topics addressing aging.

SOCIAL



Bingo

Check the calendar. Free. Open to all.

We can't guarantee you'll win fun prizes but we can promise you'll have many laughs!

Coffee Klatsch

10:30 a.m. Wednesdays. Free. Open to all.

Coffee or tea and conversation. Snack while you chat.

Bridge

1 p.m. Tuesdays. Free. Open to all.

Bridge is a trick-taking card game using a standard 52-card deck.

Mah-jongg

1 p.m. Wednesdays. Free. Open to all.

Mah-jongg is a tile-based game that was developed in the 19th century in China.

SWOT photo club

5:30 p.m. the second Wednesday of the month. Free. Open to all.

Come learn and share.

Knitting circle

9 a.m. the first and third Fridays of the month.

Teton Arts and SWOT offer an opportunity to gather, converse and knit at the Senior Center.

Senior art

Monthly art activities occur usually 1 p.m. the second Tuesday at Teton Arts studio. Check the calendar. \$5 suggested donation. Limited.

A collaboration with Teton Arts offers monthly opportunities to explore your creativity with clay, painting, drawing and other creative endeavors. Register at <https://tinyurl.com/seniorarts>



JUNE

fit & active

GET A SWOT SCAN

card that lets you easily check in for programs and meals and that offers you discounts at some area merchants. Ask for a card at the registration desk.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Fit and Fall Proof, 9 and 10 a.m. <p>2</p>	<ul style="list-style-type: none"> Yoga, 9 a.m. Drumming, 10:15 a.m. Bridge, 1 p.m. <p>3</p>	<ul style="list-style-type: none"> Tai Chi, 9 a.m. Coffee, 10:30 a.m. AGING IN PLACE WITH TECHNOLOGY, 11 A.M. Synergy HomeCare will present information to help as we age. Mah-jongg, 1 p.m. <p>4</p>	<ul style="list-style-type: none"> Fit and Fall Proof, 9 and 10 a.m. COMMUNITY RESOURCE CENTER INFO AT LUNCH, NOON. Learn about what they do and how they can help. <p>5</p>	<ul style="list-style-type: none"> TETON VALLEY FARMERS MARKET, 9 A.M. TO 1 P.M. SWOT burritos for sale. Knitting Circle, 9 a.m. Tai Chi in Driggs City Park, 9 a.m. Drumming, 10:15 a.m. LUNCH IS SERVED, NOON <p>6</p>
<ul style="list-style-type: none"> Fit and Fall Proof, 9 and 10 a.m. <p>9</p>	<ul style="list-style-type: none"> Yoga, 9 a.m. Drumming, 10:15 a.m. Tech Time, noon Bridge, 1 p.m. SENIOR ART, 1 P.M. See bottom right note. SWOT SWIM, 1:30 P.M. Ride the SWOT van to Teton Valley Resort. Register at Tetonseniors.org/swim. <p>10</p>	<ul style="list-style-type: none"> Tai Chi, 9 a.m. Coffee Klatsch, 10:30 a.m. Blood-pressure checks, 11:45 a.m. Mah-jongg, 1 p.m. PHOTOGRAPHY CLUB, 5:30 P.M. <p>11</p>	<ul style="list-style-type: none"> Fit and Fall Proof, 9 and 10 a.m. Death Cafe, 1:30 p.m. <p>12</p>	<ul style="list-style-type: none"> TIN CUP CHALLENGE GIVING BEGINS! TETON VALLEY FARMERS MARKET, 9 A.M. TO 1 P.M. SWOT burritos for sale. Tai Chi in Driggs City Park, 9 a.m. Drumming, 10:15 a.m. LUNCH IS SERVED, NOON <p>13</p>
<p>JUNETEENTH HOLIDAY OBSERVED</p> <p>The Senior Center is closed.</p> <p>16</p>	<ul style="list-style-type: none"> Yoga, 9 a.m. Drumming, 10:15 a.m. Bridge, 1 p.m. SWOT SWIM, 1:30 P.M. Ride the SWOT van to Teton Valley Resort. Bring dry clothes to wear on the way back. Register at Tetonseniors.org/swim. <p>17</p>	<ul style="list-style-type: none"> Tai Chi, 9 a.m. Coffee Klatsch, 10:30 a.m. Mah-jongg, 1 p.m. <p>18</p>	<ul style="list-style-type: none"> NATIVE PLANT TOUR, 8:30 A.M. Earle Layser will identify plants in Teton Canyon. Register at Tetonseniors.org/plants. Fit and Fall Proof, 9 and 10 a.m. ELDER LAW, 1 P.M. Lawyer Bart Birch discusses wills, trusts and conservatorships. <p>19</p>	<ul style="list-style-type: none"> TETON VALLEY FARMERS MARKET, 9 A.M. TO 1 P.M. SWOT burritos for sale. Knitting Circle, 9 a.m. Tai Chi in Driggs City Park, 9 a.m. Drumming, 10:15 a.m. LUNCH IS SERVED, NOON <p>20</p>
<ul style="list-style-type: none"> Fit and Fall Proof, 9 & 10 a.m. <p>23</p>	<ul style="list-style-type: none"> Yoga, 9 a.m. Drumming, 10:15 a.m. SWOT ANNUAL PICNIC, NOON Bridge, 1 p.m. <p>24</p>	<ul style="list-style-type: none"> Tai Chi, 9 a.m. Coffee Klatsch, 10:30 a.m. TETON VALLEY HEALTH TALK, 11 A.M. Amy Buhler, R.N. case manager, will discuss enhancing recovery through the swing bed program. Mah-jongg, 1 p.m. <p>25</p>	<ul style="list-style-type: none"> Fit and Fall Proof, 9 and 10 a.m. <p>26</p>	<ul style="list-style-type: none"> TETON VALLEY FARMERS MARKET, 9 A.M. TO 1 P.M. SWOT burritos for sale. Tai Chi in Driggs City Park, 9 a.m. Drumming, 10:15 a.m. LUNCH IS SERVED, NOON <p>27</p>
<ul style="list-style-type: none"> Fit and Fall Proof, 9 & 10 a.m. <p>30</p>	<p>LAWS & OLDER ADULTS</p> <p>Driggs lawyer Bart Birch will give a presentation about laws pertaining to the elderly at 1 p.m. on June 19. Birch will talk about trusts, wills, guardianships and conservatorships, and he will take questions from the audience.</p>		<p>SENIOR ART</p> <p>Senior Art with Teton Arts will resume at 1 p.m. June 10 with the painting of cinder blocks behind Corner Drug on West Little Avenue for a community art installation to brighten our region. Join the fun. Sign up at tinyurl.com/paintblocks.</p>	



JUNE

lunch menu

LUNCH is served from noon to 1 p.m. Mondays through Fridays. Menus are subject to change.

SUGGESTED DONATIONS are \$6 for those 60 years and older, \$10 for those under 60 and \$5 for children.

TAKEOUT MEALS Cost is \$1 more for disposable containers. No extra charge with reusable containers, which we sell for \$8.



VEGETARIAN OPTION
A vegetarian option is available. It may include dairy.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Italian mushroom risotto with shaved Parmesan cheese Oven-roasted asparagus Garden salad Fresh grapes 2	REUBEN TUESDAY Reuben sandwich Housemade potato chips Garden salad 3	Grilled ham steak Au gratin potatoes Roasted garden vegetables Vegetable barley soup Fresh-baked cookie 4	Beer-battered cod and oven-roasted potato wedges Coleslaw Housemade tartar sauce Clam chowder BIRTHDAY CAKE 5	Turkey pesto sandwich with provolone, roasted red peppers and pesto aioli Housemade potato chips Garden salad 6
Layered smoked chicken cheese enchiladas Refried beans Spanish rice Salsa bar White bean tortilla soup 9	Garden vegetable quiche Fresh fruit salad Cream of asparagus soup Lemon parfait 10	All-beef frank on hoagie bun Choice of toppings Cheddar broccoli soup Chocolate brownie 11	Teriyaki pineapple shrimp stir-fry with rice noodles Asian mushroom soup Mandarin oranges Fortune cookie 12	Roast beef on rye with Swiss cheese Caramelized onions Horseradish aioli Housemade potato chips Garden salad 13
JUNETEENTH HOLIDAY OBSERVED The Senior Center is closed. 16	Salisbury steak Mashed potatoes Brown gravy Roasted green beans Garden salad Fresh-baked cookie 17	Baked cheese manicotti Sautéed oregano zucchini Garden salad Fresh grapes 18	Oven-roasted salmon Caesar salad Garden vegetable soup Focaccia Vanilla pudding 19	Chicken salad sandwich on ciabatta roll Housemade potato chips Garden salad Fresh-baked cookie 20
Deviled egg salad croissant sandwich Frisée bacon salad Turkey noodle soup Mixed fruit 23	SWOT PICNIC Barbecue pulled pork Baked beans Potato salad Coleslaw Cornbread muffins Watermelon Chocolate chip cookie 24	Chicken Cobb salad with bacon, egg, avocado and bleu cheese crumbles Fire-roasted corn chowder 25	Grilled three-cheese sandwich Cream of tomato basil soup Garden salad Chocolate mousse 26	Roast pork bahn mi sandwich on hoagie roll, with cilantro, carrot, radish and red chili aioli Cucumber salad Asian mushroom soup 27
MEATLOAF MONDAY Meatloaf Mushroom gravy Mashed potatoes Buttered peas and carrots Garden salad Lime Jell-O parfait 30	<div> BREAKFAST BURRITOS ARE BACK MEAT VEGETARIAN CHEF'S CHOICE It's been a while, but Chef Peter Troy's breakfast burritos will be available again after a long winter. SWOT will be selling burritos at the Teton Valley Farmers Market on Fridays this summer for \$10. In addition to a meaty burrito and a vegetarian option, watch for Peter's rotating chef's choice! </div>			





by the NUMBERS

A LOOK AT SWOT ACTIVITY FOR 2025 AND APRIL

HERE ARE THE NUMBER OF PARTICIPANTS for a few of the activities available at Seniors West of the Tetons. Numbers are the latest month available.

MEALS SERVED IN 2025

5,544

AT THE CENTER: 4,331
HOME-DELIVERED: 1,213

MEALS SERVED IN APRIL

1,359

AT THE CENTER: 1,027
HOME-DELIVERED: 332

FITNESS/HEALTH PROGRAMS IN APRIL

647

GAMES: BRIDGE & MAH-JONGG IN APRIL

176

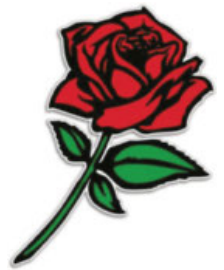
ENRICHMENT PROGRAMS IN APRIL

202

GONE BUT NOT FORGOTTEN ...

These residents with ties to Teton Valley passed away recently:

Ronald Burnside
Michael Wood



VALLEY TALK 7

**Growing Memories at the
TETON VALLEY FAIR**

August 3-9, 2025

102



Celebrate our Western History during Fair week:

Open Class entries, Teton Valley Heritage Days, 4-H and FFA Animal Shows, Livestock Auction, Stock Dog Demo, 20th Annual Horse Pull, Figure 8 and Lawnmower Races, Dinner & Barn Dance, Tractor Show, and Free Entry all week to the Teton Valley Museum.

SCAN FOR MORE
INFORMATION

Live music: July 3rd & August 6th
www.tetoncountyidaho.gov/fairgrounds





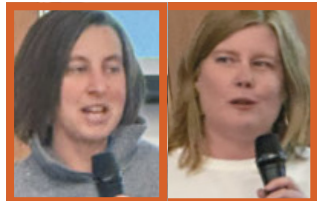
PICTURE perfect

A LOOK AT
some of the
activities from
the past few
weeks.



appreciating our volunteers

Seniors West of the Tetons held a Western-themed party for its volunteers at the SWOT Ranch, also known as the Community Center. Above, Linda Prentice, Board Member Margaret Bennett and John Prentice share smiles. At right, Board Chair Lynne Browning and her husband, Glenn, engage in laughter as they salute the dedicated and loyal volunteers SWOT relies on.



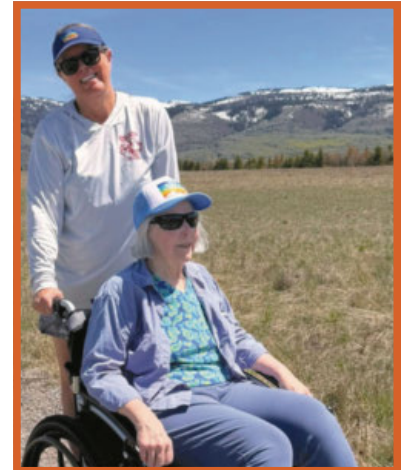
held rapt by raptors

SWOT seniors enjoyed a visit to the Teton Raptor Center in Wilson. Here, Dylan Sanborn, roost coordinator, talks about a peregrine falcon. The group also saw a red-tailed hawk and golden eagle.



play to age well

Melanie Canna, an occupational therapist with Teton Valley Health, and Sarah McKeown White, executive director of the Mental Health Coalition of Teton Valley, were part of the panel that discussed how to play to stay mentally sharp and physically active. The next Aging Well in Teton Valley discussion will be in July. Stay tuned for details.



wheeling it

Board Member Cindy Dender, left, and Marnie Oaks try out an all-terrain wheelchair on the Teton Creek Corridor last month. The chair was purchased through a Youth Philanthropy Grant from the Community Foundation.

June word search

BARBECUE	S	E	K	I	H	I	M	L	O	O	P	A
BIKE RIDES	S	O	U	S	E	G	N	U	L	P	L	X
BURRITOS	C	O	Z	C	T	L	U	G	S	P	I	J
CAMPFIRE	H	G	T	P	E	N	N	G	R	I	L	L
CAMPING	O	S	N	I	A	B	A	W	N	C	C	M
CLIMB	T	D	E	I	R	D	R	L	M	N	I	N
CONCERTS	S	G	U	D	P	R	D	A	P	I	S	A
FLOAT	P	T	N	K	I	M	U	L	B	C	W	T
FLOWERS	R	E	A	I	A	R	A	B	I	V	I	U
GRILL	I	G	R	O	D	B	E	C	O	N	M	R
HIKES	N	I	R	I	L	I	M	K	C	D	G	E
HORSERIDING	G	D	M	E	F	F	R	I	I	U	A	W
HOT SPRINGS	S	T	N	E	T	P	A	E	L	B	Y	A
KAYAKING	S	E	R	O	M	S	M	S	S	C	A	L
MUSIC	O	G	N	I	K	A	Y	A	K	R	C	K
NATURE WALK	A	B	F	H	S	T	R	E	C	N	O	C
PADDLING	K	A	N	D	F	L	O	W	E	R	S	H
PICNIC												
PLANTS												
PLUNGE												
SMORES												
SOAK												
SWIM												
TENT												

SWOT sudoku

9								
7	6	8	9					
	3	4		1				
6		3		7				
			2	3		7		
			1			6		
		9	8				2	
	2						3	
8	1		7					

>> **ANSWERS** TO THIS MONTH'S PUZZLES CAN BE FOUND ON PAGE 11

VALLEY TALK 9

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SWOTVIEW

PHOTO OF THE MONTH
RANDY ISAACSON

This photo – ‘Moon Over the Smoky Grand’ – was shot by Randy Isaacson, a member of the SWOT Photography Club, and is the photo of the month. The club is organized by Mark Kaczor, and the club meets the second Wednesday of the month at 5:30 p.m.



TIP of THE MONTH

SIX IDEAS ON HOW TO AGE WELL FROM SWOT BOARD MEMBER & PHYSICAL THERAPIST MARGARET BENNETT

- Learn something new.
- Call a friend.
- Teach someone a card game.
- Try an exercise class.
- Sit outside for an hour.
- Attend a Teton Valley Health Talk at SWOT.



THE LIST IS GROWING

Here are the latest to sign up to become recurring monthly donors to SWOT:

COLLEEN HOYLE

PATRICIA MILLER

SALLY PLOWS

GEORGINA WORTHINGTON

WANT TO BECOME A SHINING STAR?

Go to our website at tetonseniors.org/shining-star or scan the code at right with your mobile phone.



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Seniors West of the Tetons

PUZZLEanswers

>> PUZZLES ARE ON PAGE 9

Word search



SWOT sudoku

9	5	1	3	4	7	2	6	8
7	6	8	9	5	2	3	4	1
2	3	4	6	1	8	5	7	9
6	8	3	5	7	4	9	1	2
1	9	5	2	3	6	7	8	4
4	7	2	1	8	9	6	5	3
3	4	9	8	6	5	1	2	7
5	2	7	4	9	1	8	3	6
8	1	6	7	2	3	4	9	5



SAVE the date

ALL ACTIVITIES

are at the Senior Center unless noted. Participants should register online at tetonseniors.org.

June 4 **Aging in Place** with Technology, Synergy HomeCare, 11 a.m.

June 10 **Tech Time**, noon.

June 10 **Senior Art**, 1 p.m. Painting cinder blocks for a community art installation behind Corner Drug on West Little Avenue. Register at tinyurl.com/paintblocks.

June 10, 17 **SWOT Swim**, 1:30 p.m. The SWOT van travels to Teton Valley Resort. Bring dry clothes for the ride back. Register at Tetonseniors.org/swim.

June 12 **Death Cafe**, 1:30 p.m.

June 19 **Native plant tour**, 8:30 a.m. Join Earle Layser in the SWOT van to identify native plants. Register at Tetonseniors.org/plants.

June 19 **Elder Law Presentation**, 1 p.m. Lawyer Bart Birch discusses laws, including trusts and wills, for older adults.

June 24 **SWOT Annual Summer Picnic** on the Driggs City Plaza, weather permitting, noon.

June 25 **Teton Valley Health Talk**, 11 a.m. Enhanced recovery through the swing bed program.

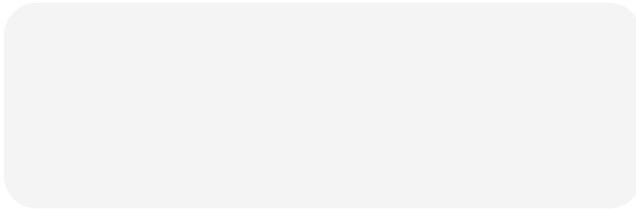


four native plants

Join botanist and author Earle Layser as he identifies native plants on a tour of Teton Canyon and Ski Hill Road in the SWOT van at 8:30 a.m. June 19. Register at Tetonseniors.org/plants.

12 VALLEY TALK

» WE'RE LIVING THE HIGH LIFE IN TETON VALLEY! «



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